

## THE COUNTDOWN FOR RAMADAN BEGINS MAKING EVERYTHING TO THE “T”

The countdown has already begun. Just a few days remain for the arrival of Holy Ramadan. The very name of Ramadan evokes a feeling of expectant joy and pleasure in the heart of the believer. A restlessness overtakes the believer in eager anticipation of the Holy month. Sometimes, this feeling even turns to fear and anxiety. “O Allah, will I see Ramadan this year?”

Allah Ta'ala alone knows who will live to see Ramadan. The reassurance comes in the form of a fervent Dua, “O Allah bless us in Rajab and Sha'ban and let us make it to Ramadan.” The Dua for this must continue with vigorous fervour - “O Allah! Let us reach Ramadan!”

The anticipation of this great month is not just a matter of emotion and thought. It requires action and activity. Preparation for receiving the honourable

guest of Ramadan must start in earnest right away. Where do I start? What am I to do?

Well, a good starting point can be to spare a bit of time daily for preparation of Ramadan. A person needs to start by

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from pg1

making adjustments to the current lifestyle. The daily timetable must be altered, allowing more time for spiritual rejuvenation.

Can I take out quality time from my present busy lifestyle?

How much of time and when?

Sit down and work it out. Maybe half an hour before Fajr and another half-hour before going to bed?

Or will half an hour before and after Esha be more appropriate?

Whatever it may be, at least an hour out of 24 hours must be set aside with discipline and consistency from today onwards. This is time dedicated to Allah and Allah alone. Unless for an emergency, no intrusion in this time must be allowed -

no phone calls or other distractions. This time should be spent in developing a strong bond of love and affinity with the Noble Qur'an, with Dua and Zikr.

A lot of time must be spent in introspection and self-appraisal. What is my current

state of Islam? Strong or weak? What are my main weaknesses? How do I overcome these? Who do I turn to for spiritual help and guidance? Deep, soul-searching questions have to be posed. This is one of the highest form of Ibadah. It is the Ibadah of Fikr or Tafakkur, a moment of which equals many years of Nafl Ibadah.

Finally, all the "T's" of Ramadan Shareef must be kept in mind so that when Ramadan comes, "everything is to the T!". These "T's" are: Tilawah, Tahajjud, Taraweeh, Tasbeehat, Tadharru' (fervent Dua), Tatawwu' (Nafl Ibadah), Tasahhur (eating Sehri), Taubah (repentance), Tawadhu (humility) and Tafakkur (contemplation).

May Allah Ta'ala make this Ramadan a turning point in the life of the long-suffering Ummah. Aameen.

*Mufti Zubair Bayat*  
Ameer of Darul Ihsan Humanitarian Centre



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In the face of the most callous, brutal and merciless aggression and atrocities committed by the occupiers of Palestine and its allies, the people of Palestine, especially Gaza, have shown unprecedented resilience. In this day and age of betrayal, hypocrisy and weakness, the people of Gaza have demonstrated unparalleled faith, fortitude and patience. The story of Gaza has dominated the world headlines for more than 4 months and their bravery has become the talk and admiration of the world. They have, through all adversity, shown the world what it means to have true faith and dependence on Allah Ta'ala. They have revived the spirit of the Sahabah and early Muslims in sacrificing their lives and possessions for Islam. They have put Muslims around the world to shame for the ineptitude and inability to rise to the their defence and stop the genocide.

They have, through the harshest of experiences, opened for the world realities that world was deliberately oblivious of, and ushered in a new era of humanity and morality for the future. They have set back the plans of many who were driving ahead with their nefarious agendas... [READ MORE](#)



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# Sunnah I'tikaf

## GUIDELINES FOR FEMALES

### Place of I'tikaf

A woman should designate a room/area of her house for Salah and observe I'tikaf therein

### Conditions for I'tikaf

- Intention of Sunnah I'tikaf - "I am making Sunnah I'tikaf of Ramadan"
- The time of I'tikaf commences at sunset of 20 Ramadan till the crescent of Eid is sighted
- Fasting during the day is a condition for I'tikaf. Hence, a woman who is not fasting at anytime during the last ten days of Ramadan cannot observe the Sunnah I'tikaf

- A married woman should observe I'tikaf with the consent of her husband

### Rules of I'tikaf

- A woman should not leave the place designated for I'tikaf without a valid reason
- She should perform all her Ibadat in the designated area of I'tikaf ONLY. A person should dedicate the time in I'tikaf to the various forms of Ibadat - Tilawat, Zikr, Dua etc.
- She may leave the designated area to answer the call of nature, make wudhu if required, take an obligatory ghusal or to attend to the requirements of meals, if no one is available to do so
- She should not leave the designated area only to have a shower. However, when visiting the toilet she may take a very quick shower

### Factors that invalidate I'tikaf

- The fast becoming invalid
- Leaving the designated area without a valid reason
- Intimate contact

### Qadha of I'tikaf that was invalidated

If I'tikaf was invalidated for whatever reason Qadha i'tikaf is only one complete day (i.e. from sunset of one day till sunset of the next day - 24 hours). One would have to also fast during the day when observing the Qadha.

*Above is based on the Hanafi view  
And Allah Ta'ala Knows Best*

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## Mpumalanga youth development fund shows success

In Mpumalanga, the Youth Development Fund; which began two years ago; has thus far supported businesses by younger people to the amount of R140 million since its inception.

This initiative has helped businesses created by the youth in various sectors, including manufacturing, transportation and logistics, mining, health, fitness, and many others. More jobs opportunities have also been created from the initiative's beneficiaries.

In an effort to mitigate the staggering youth unemployment rate, the Premier's Youth Development Fund was established in the province...[READ MORE](#)

## Housing 'mega-project' launched in South Africa

In Kimberley on Thursday, 18th January, President Cyril Ramaphosa launched a housing mega-project in which R1 billion has been allocated to building approximately 4,000 houses across Northern Cape municipalities.

This project is part of the government's plan to "eradicate informal settlements and unsuitable housing structures". The initiative is expected to be completed within the next 12-18 months.

Despite concerns raised about the project, Ramaphosa stated, "We know that right here in Roodepan and in other parts of the municipality, there are social housing structures that were not built..."[READ MORE](#)

## New technology allows for convenient visits to the Rawdah Sharif

At the Prophet's Mosque in Madinah, a new technology has been implemented to create a smooth and convenient way for pilgrims to visit the Rawdah Sharif.

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Everything changed now I know how to read my Salah, read my Surah's and kalimah. My dressing has changed a lot and I have learnt a lot about Islam and my life has changed because of Darul Ihsan. I surely know how important Allah Ta'ala is. My Iman has gotten bigger and my way of thinking in life has changed a lot and now I know I can bring both my son's up in the way of Islam. Both Moulana Jadwat & Luqmaan has made my life so much better now I'm so proud to be a Muslim, & I pray that Allah Ta'ala rewards both of you for helping me to change my life in the best way.

All the help you gave to my son Farhad from the time his born until today, I'm so very grateful for everything. When I had no shelter you helped me with rent for a place until today... [READ MORE](#)

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**FIRST  
10 DAYS**

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My Lord, forgive and have mercy, and You are the best of  
the merciful. (Surah Al-Murimun - Verse 118)

**Middle 10 Days - 'Maghfirat' (Forgiveness)**

**SECOND  
10 DAYS**

أَسْتَغْفِرُ اللَّهَ الْعَظِيمَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ  
الْقَيُّومُ وَأَتُوبُ إِلَيْهِ

I seek forgiveness from Allah, the Magnificent, whom there is  
none worthy of worship but Him, the Living, the Subsisting and  
I repent to Him. (Tirmidhi)

**Last 10 Days 'Najat' - (Freedom from the fire)**

**THIRD  
10 DAYS**

اَللّهُمَّ اِنَّكَ عَفُوٌّ مُجِبُّ الْعَفْوَ فَاعْفُ عَنِّي  
O Allah! You are Most Forgiving and love forgiveness, so forgive  
me. (Tirmidhi & Ibn Majah)

## Discharging Zakat with unusable or expired stock

Allah Ta'ala says in the Noble Quran: "O, you who believe, spend of the good things which you have earned and of what We have produced forth for you from the earth, and choose not for your charity the bad, such as you yourselves would not accept it, except by closing your eyes to it (i.e. accept it only by overlooking its defects). And know that Allah is Independent, Ever-Praised."

(Surah Baqarah V 267)

Zakat is one of the five pillars of Islam and must be discharged with all its requirements. Unfortunately some businesses are discharging expired goods or items that are unusable as Zakat and this trend appears to be increasing. This is an unacceptable practice as Zakat is devised as a protection for one's wealth. Ideally, items given as Zakat should be of the best quality or at least what is usable and acceptable. Zakat should be discharged happily, sincerely and without any reservation.

If items or products given as Zakat are not usable or are of poor quality, then this can affect the validity of the Zakat. Rasulullah ﷺ said, "Protect your property by means of Zakat, treat your sick with spending in Sadaqah and seek help from Allah against calamities by beseeching Him through humility." (Kanzul Ummal - Fazaail Sadaqat)

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# Q&A

**Q** Do you have to keep your Qaza fasts before Ramadan comes because will the Ramadan fasts be invalid if you do not make up the Qaza fasts from the previous Ramadan?

I have many Qaza fasts to keep and worry I will not be able to keep them all before Ramadan.

Also what is the method of Qaza fast do I need to do them collectively without missing or I can miss

**A** It is not necessary to keep all one's Qaza fasts before the next Ramadan. It will not affect the validity of the fasts of the current Ramadan. However, Qaza fasts should not be unnecessarily delayed and should keep them as soon as

possible after Ramadhan.

One may make keep the Qaza however it is easy for one to do so. If one is able to keep them consecutively one may do so. If one cannot manage to keep them consecutively then one may keep them on alternate days or however it is easy.

**Q** Does sniffing something break the fast? If it does is there any Qaza? What about smelling food, attar or spray or soap or shampoo?

**A** If a physical substance is inhaled it will break the fast. Merely the smelling of food etc. does not break the fast.

**Q** What is the ruling of sleeping in Ramadan fasting time? Is it true that the sleep of a fasting person is also ibadah?

**A** Fasting is an Ibadat. Therefore, one will be rewarded throughout this time, on condition one is not engaged in sin. Thus if one is sleeping whilst fasting he will also be rewarded. However, one should not spend excessive time sleeping whilst fasting especially during the month of Ramadan. One should sleep for minimal time and spend other free time reciting Quran and doing other forms of Ibadah like Salah etc.

**Q** Can one use flavoured lip ice whilst fasting?

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**A** It is permissible. However, if there is a possibility of it entering the mouth and going down the throat then it will be Makrooh to use this. If it does go down the throat it will invalidate the fast.

**Q** Does having an internal examination invalidate the fast, and is ghusal necessary?

**A** The fast would be nullified if medication (dry or wet) or anything wet/moist is inserted into the private part. Qaza will be necessary but not Kaffarah.

Similarly, the fast will break if something dry was inserted, then removed and (the same thing) then reinserted (without being thoroughly dried).

The ghusal does not generally break with the above.

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
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
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## AIR Relief Responds to Durban Floods

In response to the recent January 2024 flash floods in and around Durban, Al Ihsan Relief (AIR) in conjunction with Darul Ihsan Humanitarian Centre swiftly deployed targeted assistance to communities severely impacted by the disaster.

AIR focused on delivering essential supplies to residents facing immediate hardship during this time. These areas of concentration include Phoenix, wherein the team recognised specific needs within Sastri Park, Zwelisha Park Informal Settlement, and Newpark areas, coordinating and distributing directly within these communities.

Other areas include Verulam, Tongaat, Flamingo Heights, and Tin Town Informal Settlement which the team addressed without delay...[READ MORE](#)

## A Piece for Peace: Insightful event hosted at the Darul Ihsan Centre

On Saturday, 10th February, the Daughters of the Ummah (DOU) youth initiative hosted approximately 40 sisters aged between 15-21 at the Darul Ihsan Humanitarian Centre in Sea Cow Lake, Durban.

The event - titled "A Piece for Peace: Brushstrokes of Hope" - opened with a beautiful Qirat recitation and welcoming of guests. The gathering sought to raise awareness about the current situation in Palestine, asking attendees to empathise with affected Palestinians and to use these emotions to strengthen their faith.

Guests were implored to reflect on their own lives and participated in discussions on ways to change and better themselves. Additionally, an emphasis was placed on one's strength as an activist of the Ummah, and how small sacrifices in one's daily life can contribute greatly to the plight of the Palestinian people.

To channel these topics into something constructive, sisters were then asked to engage with and create artworks expressing their aspirations for a free Palestine. Beautiful pieces of art were created, featuring Arabic calligraphy, as well as symbols and motifs that reflect the rich Palestinian heritage and culture.

Following this ponderous and enriching experience, refreshments were provided, allowing guests some time to meet and greet one another...[READ MORE](#)



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## 7th Al Ihsan Qirat Evening held in Durban

On the evening of Thursday, 15th February 2024, the 7th Al Ihsan Qiraat event was held at Musjidus Salaam in Musgrave, Durban. The program, centred around the theme "The Noble Qur'an: Our Source of Strength & Resilience," commenced after Maghrib Salah.

Renowned reciters, including Qari Qasim Motala, Qari Zayd Manjoo, and Qari Safwan Motala, graced the event with their captivating recitations. The captivating recitations were complemented by a soul-stirring poetry recitation rendered by Qari Sufiyan Tailor.

The attendees were privileged to receive valuable guidance and advices from Mufti Zubair Bayat, enriching their spiritual experience. The event aimed to deepen the connection with the Qur'an, emphasising its role as a source of strength and resilience...[READ MORE](#)

## Dr. Basel Abu Warda Visits Darul Ihsan Centre

On 20 February 2024, Darul Ihsan Humanitarian Centre was privileged to receive a visit by Dr. Basel Abu Warda. Facilitated by the team at Salam Foundation, the visit and engagement with Dr. Basel Abu Warda, a Palestinian Doctor with firsthand experience of the genocide in Gaza and significant personal loss due to the ongoing conflict, was both impactful and deeply moving. Dr. Abu Warda shared his harrowing experiences with over 150 learners from the Al Ihsan Muslim School and Al Ihsan Teacher Training Academy, as well as Ulama and staff of the Darul Ihsan Humanitarian Centre, during his visit to the centre.

His testimony shed light on the realities of living through war, the atrocities committed by the Zionist Regime and the profound impact it has had on individuals, families, and communities. Dr. delivered on the ground realities of the displacement, destruction, starvation and overall humanitarian crises been faced by the people of Gaza. Dr. Abu Warda's courage and resilience in the face of unimaginable adversity served as a powerful inspiration to all present. His message emphasised the importance of empathy, compassion, and solidarity in supporting those affected by the current happenings in Palestine.

Amongst the messages Dr. Basel left participants with were:

- 1) Educating oneself and family on Palestine, it's history and the ongoing atrocities there
- 2) Activism and Awareness...[READ MORE](#)

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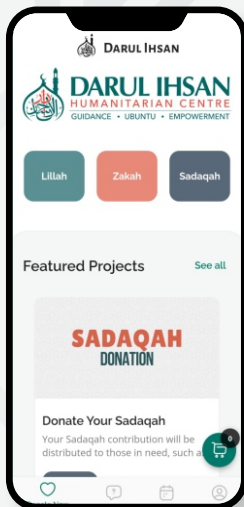
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**Darul Ihsan appreciates your ongoing support & duas**

Visit [www.darulihisan.com](http://www.darulihisan.com) for latest activity updates.



# Darul Ihsan IFTAAR FEEDING PROGRAMME

- Sponsor a **complete iftaar** for a fasting person
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## THIS MONTH, WE USE OUR ADVERTISING SPACE TO DEDICATE OUR PAGE TO THE SUPPORT AND AWARENESS OF THE OPPRESSED PEOPLE OF PALESTINE.

We cannot advertise while there is such great human suffering,  
and the world looks on and supports the oppressors

**T**he documented history of this oppression started with the Balfour Declaration of 1917 as a letter to the Jewish leader, Lord Rothschild, allowing Jews to create a homeland in Palestine.

This was the start of the ZIONIST OCCUPATION OF THE LAND OF PALESTINE. They claimed to own the land 4000 years ago and decided to kick out the PALESTINIANS living there for centuries. THIS WAS THE START OF THE EVIL ZIONIST MISSION. THIS OPPRESSION IS THERE FOR MORE THAN 75 YEARS.

For more than 75 years, THE ZIONISTS HAVE KILLED CIVILIANS, bullied and BURNT VILLAGES, and made Palestinians refugees in their

own country.

For more than 75 years, THEY STOLE PALESTINIAN LAND, DESTROYED THEIR FARMS, BOMBED THEIR HOMES, AND MOVED THEM INTO TENT CAMPS, AND FORCED THEM TO FIND REFUGE IN NEIGHBOURING COUNTRIES.

EVERY PALESTINIAN WILL TELL YOU WHERE THEIR GREAT-GRANDFATHER IS BURIED IN PALESTINE, AND EVERY ISRAELI WILL TELL YOU THEIR GREAT-GRANDFATHER IS BURIED IN POLAND, RUSSIA, OR WHEREVER THEY CAME FROM.

For more than 75 years, THEY have controlled THE WATER PALESTINIANS CAN HAVE, THE ELECTRICITY THEY CAN USE, THE ROADS THEY CAN DRIVE ON, AND THE LAND THEY CAN BUILD AND USE. IN ONE AREA,

ISRAELI SETTLERS IN KIBBUTZ WILL HAVE WATER AND ELECTRICITY, AND FOR DAYS, THE PALESTINIANS, BARELY A KILOMETER AWAY, WILL HAVE NOTHING. DO YOU KNOW ABOUT THIS OPPRESSIVE RACISM? DO YOU KNOW THAT THE ZIONIST STATE OF OCCUPIED PALESTINE HAS NO REGARD FOR BASIC HUMAN RIGHTS?

For more than 75 years, THERE HAS BEEN A racist, VIOLENT MILITARY RULE, MAKING LIFE DIFFICULT AND UNBEARABLE WITH CHECKPOINTS AND HIGH-SECURITY WALLS. PREGNANT WOMEN, THE OLD AND FRAIL, AND PEOPLE WITH MEDICAL EMERGENCIES WILL BE MADE TO WAIT FOR HOURS WHILE THEY ARE SMACKED, KICKED AND ABUSED.

DOES OUR MAINSTREAM

MEDIA REPORT THIS CRUEL AND BARBARIC BEHAVIOUR METED OUT TO THE PALESTINIANS DAILY? DO THEY TELL YOU HOW PALESTINIANS ARE CALLED ANIMALS, SPAT AT, AND ROBBED OF THEIR DIGNITY DAILY?

DURING THESE 75 YEARS, MANY WARS WERE FOUGHT, MANY UPRISINGS, AND THE RESISTANCE TO THE OCCUPATION NEVER STOPPED. SO, THE PALESTINIAN HISTORY AND THE RESISTANCE TO THE ILLEGAL OCCUPATION OF PALESTINE DID NOT START ON 7 OCTOBER. THIS OPPRESSION HAS BEEN THERE FOR MORE THAN 75 YEARS.

OUR THOUGHTS AND PRAYERS GO OUT TO THE MEN, WOMEN, AND CHILDREN WHO ARE CONTINUOUSLY AND INDISCRIMINATELY BOMBED IN

GAZA AT THIS MOMENT. UNIVERSITIES, HOSPITALS, FOOD WAREHOUSES, AND RESIDENTIAL BLOCKS ARE BEING BOMBED NON-STOP. FOR MORE THAN A WEEK, THEY HAD NO WATER, ELECTRICITY, AND FUEL. ALL FOOD AND MEDICAL SUPPLIES HAVE BEEN CUT OFF.

THE WORLD'S LARGEST OPEN-AIR PRISON OF 2.8 MILLION PEOPLE. IN THE MEANTIME, ISRAEL CLAIMS TO BE THE VICTIM, PROPAGATES LIES, AND BUYS THE SUPPORT OF THE UNJUST LEADERS OF THE WORLD.

THIS IS NOT ABOUT TERRORISTS TRYING TO TAKE OVER SOMEONE'S LAND. THIS IS ABOUT A JUST RESISTANCE AGAINST AN OPPRESSIVE OCCUPATION.

THIS IS NOT A CONFLICT BUT A

FIGHT AGAINST A BRUTAL OCCUPATION. THE KILLING OF PALESTINIANS IN THE GAZA AT THE MOMENT IS NOTHING SHORT OF A GENOCIDE.

WHEN RUSSIA INVADED AND OCCUPIED UKRAINE, THE WHOLE WORLD SUPPORTED UKRAINE BECAUSE THE WESTERN POWERS FOUND IT TO BE JUST. HOWEVER, THE SAME NARRATIVE IS NOT USED IN THE ZIONIST LOBBY AND PROPAGANDA IN THESE WESTERN COUNTRIES.

WE THEREFORE SUPPORT THE PALESTINIAN PEOPLE IN THEIR RESISTANCE TO THE RACIST, OPPRESSIVE, AND APARTHEID REGIME OF ISRAEL JUST AS WE FOUGHT THE RACIST, OPPRESSIVE, AND APARTHEID GOVERNMENT OF SOUTH AFRICA.

**OUR ONLY ADDRESS: 9 PETERS ROAD, SPRINGFIELD (OLD SEAFOOD HYPER BUILDING)**

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